Part of the Miami County 5k Tour!!!

herbie FUZZ5K

Saturday August 20, 2011, @ 8 a.m.

Location: The Herbie Fuzz 5k begins at Covington High School, 807 Chestnut St, Covington, OH, and includes the residential neighborhood around Covington. The course is flat and listed at www.mapmyrun.com.

Events: 5k competitive run, run/walk, walk, stroller walk and dog walk. Kids Fun Run!

Awards: Top 3 finishers in each age category, first stroller to finish and first dog to finish.

Age Categories: 0-10, 11-14, 15-19, 20-24, 25-29 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+

Packet Pickup: Friday, Aug. 19 from 5-8 p.m. and Saturday, Aug. 20 from 6-7:45 a.m. at Covington High School.

Registration Dates	Price
Before Aug. 7	$15
After Aug. 7 & Race Day	$20
Kids Fun Run only 0-10	$5

Post Race Party: Covington Eagles, 715 E. Broadway. Food, drink, awards and door prizes included with registration fee.

Rules: All strollers and dog walkers are considered non-competitive. Please form in the back of the pack in order to provide safety for those running. Headphones are permitted.

Race information: Web site: www.theherbiefuzz5k.org email: theherbiefuzz5k@gmail.com. Follow us on Twitter (TheHerbieFuzz5k) or fan us on Facebook (The Herbie Fuzz 5k).

The Herbie Fuzz 5k is in honor of Jerry Fessler and Paul Finfrock, who passed away in Summer 2009 of Acute Myeloid Leukemia and Esophageal cancers respectively. All funds raised will benefit cancer research in their name at The Ohio State University – Arthur G. James Comprehensive Cancer Center (Leukemia floor) and Good Samaritan Cancer Center.

ENTRY FORM

Make checks payable to: The Herbie Fuzz 5k

Mail to: 331 S. High St., Covington, OH 45318

Register online at www.speedy-feet.com

_____ _____ _____ _____ _____

Last Name First Name Date of Birth Age Day of Race M/F

_____ _____ _____ _____

Address City State Zip Phone Number

_____ _____

E-mail address Emergency Contact, Phone Number

☐ **Check mark for dog(s):** _____

AMOUNT ENCLOSED: _____

☐ **Check mark for stroller**

Shirt Size: XS/S/M/L/XL/XXL

*** Shirts available to first 400 registrants**

Release of Liability: No matter what happens to me, my property, my family, my dog, my friends participating … I do not hold The Herbie Fuzz 5k, the organizers, the sponsors, affiliates or anyone else other than myself, responsible.

_____ _____

Signature Date

Parent/Guardian Signature if Participant Under 18 _____

For HF5K use only:

Date received: _____ Check #:_____